

Utsil Naj

“A healthy home for all”

Registered: 2013 | Certified: 2015

The Utsil Naj Program in Mexico, Guatemala and Honduras uses clean cooking technology to help families enjoy their traditional food in a healthy and sustainable way.

Utsil Naj Honduras

-  Where and when:
Honduras - 2013
-  Wood saving (average):
40%
-  Beneficiaries:
7736
-  Technology:
Improved Cookstoves
-  Emissions avoided:
7808 tCO₂e
-  Certified Improved Cookstoves installed:
1466



Program certified by:



Data updated to
February 2025.

Utsil Naj Honduras Project, Copan

Contribution to 10 SDGs (validated and certified):



1 SDG under validation process:



The positive impacts on our communities and our planet are carefully measured and reported as contributions towards achieving the Sustainable Development Goals (SDGs) defined by the United Nations.

Rural open cookstoves negative impacts



Air pollution (CO₂)



Lung/heart diseases



Pressure on forests



Health deterioration



Frequent wood collection

Rural open cookstove reference (Honduras)

Impacts and benefits of the Program*

The Utsil Naj Program has a triple impact:

In addition to the **environmental impacts** generated by the Program, Utsil Naj has a profound **social and economic impact**, as it reduces the risk of heart and respiratory diseases, and reduces the time spent on stove-related tasks.

The income from the sale of low-carbon contributions are fully reinvested in our Projects. This includes awareness campaigns and capacity building activities that help encourage more members of vulnerable communities to adopt this technology.

Let's keep the Utsil Naj Honduras Project active!

Positive benefits:



Emissions reduction (CO₂)



Pressure reduction on forests



Additional time



Better family health



Overall well-being

*Based on the latest verification of the Utsil Naj Program (2018).



Gold Standard
for the **Global Goals**



United Nations
Framework Convention on
Climate Change



María Guerra

Hacienda Grande Community - Copan, Honduras

“The benefits of this stove are very good because I save a lot of firewood, and the food tastes better (...) I have been using this stove for many years, and it is very useful to me.”



María Ana Martínez

San Pedrito Community - Copan, Honduras

“I used to cook on a clay stove (open fire), but ever since I received the improved stove, I cook everything on it, and it's very quick.”

Yanna Gruel

General Manager Microsol Peru
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